

KNOW YOUR RISK FOR SEVERE ILLNESS FROM COVID-19



What You Need to Know About COVID-19

- Risk for severe illness increases with age, with older adults at highest risk.
- Certain medical conditions can also increase risk for severe illness.

Severe Illness and Hospitalization Due to COVID-19

Severe COVID-19 illness means you may:

- Need medical care in a hospital
- Need a ventilator to help you breathe
- Be at increased risk of dying

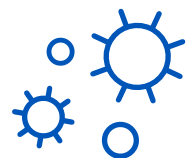


Risk of COVID-19 Illness, Hospitalization and Death for Older Age Groups

PEOPLE
AGE 65 OR
OLDER ARE: **twice as likely** to get sick with COVID-19*
35 times more likely to be hospitalized*
1100 times more likely to die from the virus.*

*Rates compared to 5-17 year olds

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/older-adults.html#footnote01>



Reducing Your Risk

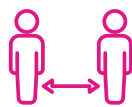
The best ways to protect yourself and to help reduce the spread of COVID-19 are to:



Get vaccinated as soon as you can.



Avoid crowds.



Stay 6 feet apart from people who don't live with you and who may not be vaccinated.



Wash your hands often.



Wear a mask when you're inside public places.